

## Dental sealants can prevent cavities when applied to molar teeth.



**School-based programs are one way to reach millions of children with sealants to prevent cavities.**

Sealants are thin coatings painted on the top of permeant molars to prevent tooth decay. Sealants are simple and painless. No numbing is required.

Sealants can last up to 10 years but they need to be checked regularly. This is to ensure that they are not chipped or worn away. Sealants can be repaired by adding more material or replaced.

Sealants are not a guarantee the tooth will never get a cavity! They do have a high rate of success in preventing decay.

**It is important to have regular dental exams and x-rays.**



**Purchase District  
Health Department**

Promoting Health. Preventing Disease. Protecting You.